

# Daubeney Academy

## Life Skills

### Intent

### Curriculum Road Map



- To become a confident, respectful and resilient member of society, who believes in themselves.
- To be able to gain the skills and confidence to carry out tasks and communication skills required for independent living.

### In Year 11...

- I will be able to cook two meals independently.
- I will be able to cross a road safely & independently, use transport with support; use timetables with support.
- I will be able to identify appropriate methods of payment and work out if I have the correct change. Be able to communicate safely in social situations in all forms.
- I will be able to carry out household tasks independently.
- I will be able to lead leisure time activities.
- I will be able to plant and maintain the welfare of plant with independently.

### In Year 10...

- I will be able to cook one meal independently.
- I will be able to cross a road safely, use transport with support; use timetables with support.
- I will be able to identify appropriate methods of payment. Be able to communicate safely in social situations, such as ordering a meal.
- I will be able to carry out household tasks with support.
- I will be able to plant and maintain the welfare of plants with support and join in with leisure time activities.

### In Year 9...

- I will try to understand other people's emotions and perspectives.
- I will try to meet homework deadlines and record homework tasks independently.
- I will try to identify mistakes in my work and try to correct them.
- I will try to take on a leadership role or responsibilities in group activities.
- I will be able to confidently engage in communication with peers and staff.

### In Year 8...

- I will to be able to understand my own strengths and weaknesses and understand my emotions.
- I will be well equipped to all lessons and develop my organisation skills.
- I will be able to carry out the majority of the written and practical tasks independently.
- I will engage in group or team related activities.
- I will engage in communication with peers and staff.

### In Year 7...

- I will start to be able to understand my own strengths and weaknesses and understand my emotions.
- I will try to be well equipped to all lessons and develop my organisation skills.
- I will be able to start written and practical tasks independently.
- I will try to engage in group or team related activities.
- I will try to engage in communication with peers and staff.